



BREAKFAST AVAILABLE ALL DAY

Includes choice of juice, tea, or coffee. Gluten free breads are additional 50¢.

CROISSANT FRENCH TOAST Grilled egg battered croissant topped with whipped butter & berries. Served with choice of 3 bacon or sausage. 45 gm carbs

OPEN FACE BACON TOMATO & CHEESE SANDWICH Melted American cheese with tomato and bacon on toast. Served with 2 eggs and fruit. 34 gm carbs

CHICKEN BISCUITS Two fluffy biscuits with fried chicken patties. Served with a side of gravy and fried potatoes. 94 gm carbs

OMELET Your choice of onions, bell peppers, tomatoes, bacon, sausage, ham, & shredded cheese. Choice of toast or fresh-baked biscuit & gravy. 30 gm carbs

RISE & SHINE Two eggs cooked your way. Choice of bacon, sausage, or ham. Hash browns. Choice of toast or fresh-baked biscuit & gravy. 68 gm carbs

EVERYTHING BUT THE KITCHEN SINK Two eggs scrambled with onions, bell peppers, tomatoes, hash browns, bacon, ham, & sausage. Topped with gravy & cheese. 62 gm carbs

COUNTRY FRIED STEAK & EGGS Hand-breaded Black Angus country fried steak topped with gravy. Served with two eggs cooked-to-order. Hash browns. Choice of toast or fresh-baked biscuit & gravy. 82 gm carbs

BREAKFAST BURRITO Scrambled eggs with your choice of bacon, sausage, ham, onions, bell peppers, tomatoes, & shredded cheese. Wrapped in a grilled flour tortilla. Served with salsa & fruit bowl. 60 gm carbs

BREAKFAST SANDWICH One egg fried hard. Choice of cheese, bacon, sausage, or ham. Served on toast or fresh-baked biscuit. Fruit cup. 31 gm carbs

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."

 = Heart Healthy

 = Gluten Free

A Consistent Carbohydrate Diet Is 60 Grams Of Carbs Per Meal